



# *Ideal Doctors* *Weight Loss Menu*

Served 11 am to 3 pm  
Monday through Friday

## **Entrees**

Grilled 7 oz. Filet Mignon	\$20
Grilled Chicken Breast	\$14
Grilled 7 oz. Fresh Ahi Tuna	\$18
Grilled Fresh Organic Salmon Fillet	\$16
Grilled Fresh Wild Ocean Sea Bass	\$17
Fresh Ground Steak Burger with Portabella Mushroom	\$13
Grilled Veggie Platter	\$12

Served with your choice of sautéed  
fresh asparagus or fresh spinach

## **Salads**

Fresh mixed greens with apple cider vinaigrette, hard boiled egg,  
red peppers, red onion, and mushrooms,

Grilled Chicken Breast	\$13
Grilled Filet Mignon	\$16
Grilled Organic Salmon	\$15
Lump Crab Meat	\$15
Grilled Prawns	\$15
Fresh Ahi Tuna	\$16

Ideal Doctors Weight Loss Clinic (720-839-3989) is proud to collaborate with The Famous, in order to help you dine out while supporting your health, wellness and weight loss goals!

***The Famous***  
**A STEAK HOUSE**

31 N. Tejon St. Colorado Springs, CO. 80904 Reservations: (719) 227-7333